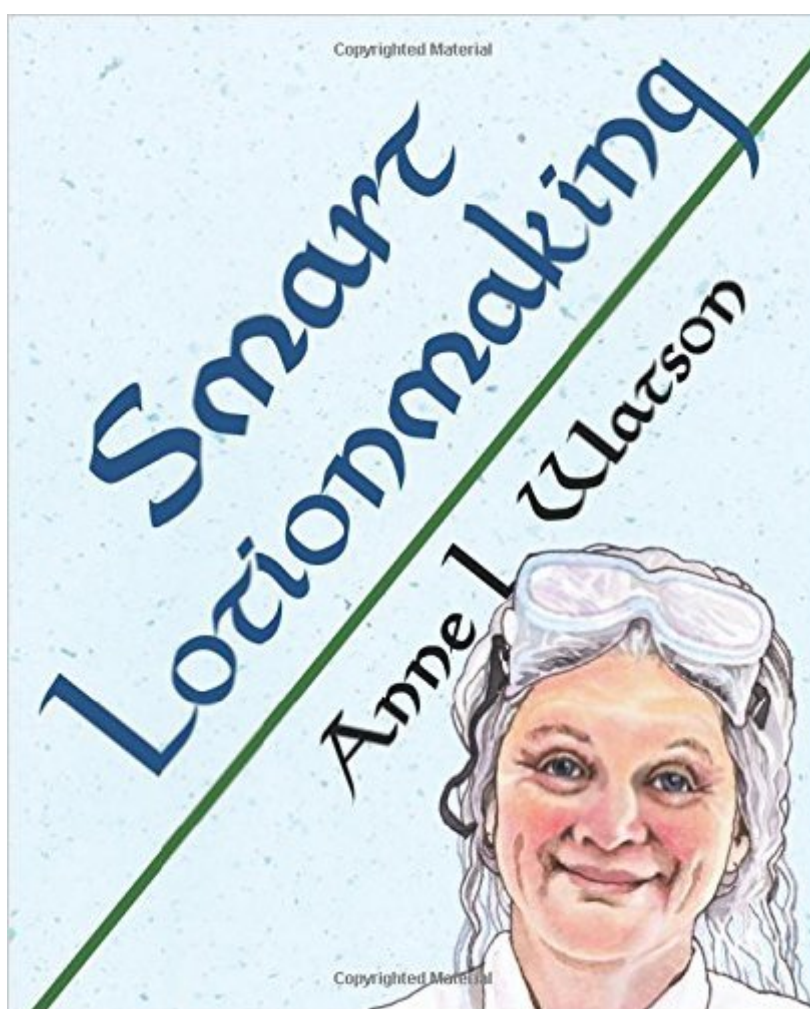


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# Smart Lotionmaking: The Simple Guide To Making Luxurious Lotions, Or How To Make Lotion From Scratch That's Better Than You Might Buy And Costs You Less



## Synopsis

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost. Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington.

## Book Information

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## Customer Reviews

I have been making my own soaps and creams for years now but always like to see what's new. While the recipes in here are very good, there is nothing new if you are experienced at making creams and lotions. If you have never made lotion before, this would be THE book to get. My favorite one is out of print and I have not seen it sold anywhere. This book is strictly for making body lotions. No creams or facial products. If you have ever gone to any lotion crafting websites then you will be familiar with all of the ingredients in here. If this is your first time making lotion, Anne describes everything that you will need and why. That said, you will need a gram scale since they are more accurate and, while the ounces are also given in each recipe, using grams is actually easier. You'll also need to find some e-wax since all but one of the recipes use it. No substitutions are given. I like to use xanthan gum but it tends to make a sticky product. It also happens to be easier to find locally. Other ingredients that you may need that recipes use are stearic acid, vitamin E, preservative, and conditioning emulsifier, which is also called BTMS. And then there are oils and butters, which should be easy to find. There are a couple of recipes that call for goat's milk and one that uses almond milk. Of course, you could substitute milk for the water in any of the recipes. I made a goat's milk lotion one time and it was incredibly thick. Be aware that adding milk will do that. Getting lotion into bottles presents its own challenge, which Anne is up for. Follow her directions and you will be bottling lotion like a pro. I use wide-mouthed small jars but I don't sell my lotions and creams. Everybody in the house gets their own jar.

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